

120TH

2023 / 2024

ST ANNE'S HOMES

AGM

ANNUAL GENERAL MEETING



EST 1904

SHELTER
CARE AND EMPOWERMENT OF DESTITUTE
ABUSED AND DISADVANTAGED MOTHERS AND THEIR CHILDREN

PROGRAMME

120TH ANNUAL GENERAL MEETING OF ST ANNE'S HOMES THURSDAY 03RD OCTOBER 2024 AT 14H00

1. WELCOMING – DR. CHANCE CHAGUNDA (MC)
2. OPENING PRAYER – REVEREND GAILE BECKETT
3. APOLOGIES – OSLYNN MACOUNIE
4. ADOPTION OF MINUTES HELD ON THURSDAY 28TH SEPTEMBER 2023 - DR. CHANCE CHAGUNDA (MC)
5. GUEST SPEAKER – SHIRLEY BIRD pg1
6. STORY OF IMPACT - OSLYNN MACOUNIE pg2
7. CHAIRPERSON'S REPORT - DR. CHANCE CHAGUNDA pg5
8. MANAGERS REPORT – OSLYNN MACOUNIE pg7
9. TREASURER'S REPORT – RYAN VILJOEN pg9
10. SOCIAL WORK REPORT – ANTHEA ROMAN pg10
11. CRÈCHE CHILDREN'S PROGRAM REPORT – MARTIN GUMPO pg13
12. ADOPTION OF REPORTS
13. APPOINTMENT OF AUDITORS
14. ELECTION OF OFFICE BEARERS
15. AOB
16. GENERAL
17. CLOSURE OF AGM



GUEST *Speaker*



Shirley Bird



- Her place of birth is Victoria Australia
- She moved to South Africa in 1964 and lived here for 52 years before returning to Australia.
- Currently, Shirley is joining St. Anne's Homes 120th AGM from her home in Rye Victoria, Australia.
- Her original connection with St. Anne's Homes was through Rotary Club of Groote Schuur which supported St. Anne's Homes for many years.
- Shirley joined the board of SAH in 1994 at invitation from Elizabeth Peterson and remained with the organisation for 20 years finally as treasurer until 2015.

Story of IMPACT



Margaret Molato



My name is Margaret Molato, I was 27 years old when I arrived at St. Anne's Homes in August 2023. I am originally from Lesotho, I have 2 children both boys and they 15 years old and 4 years old. My 15 year old is staying in Lesotho with my mother and my 4 year old is residing with me.

I came to South Africa with my husband who is also from Lesotho, in December of 2011. Since we arrived in South Africa, he never allowed me to work, meet with my family or have friends. I felt like I was in jail in my own house. He abused me physically and emotionally, even though I tried to abide by all his rules he always found a reason to fight with me, it was as if he wanted to control me.

Every time he hit me I would run and take a bus back home (Lesotho), to make him understand that how he treats me is not right. But when at home, life with my mother and child was also very difficult because there was no food and there was suffering in my house. While at home I would contact him to send money. He would always ask, why I do not return because I am his wife. When I returned, the same thing happens over and over. Going home and coming back happened about 6 times. I would run, come back and he started using that to his advantage and tell me "You will always come back because you are useless, you cannot do anything for yourself"

It ended so badly, he would chase myself and our 3 years old out son of the house in the middle of the night. He eventually told me he has another girlfriend who he loves, he is just keeping me because he is married to me. I believed that he loved me, until that moment when he told me he loves someone else.

Story of IMPACT



In August of 2023, I went to the police station in Dunoon, where we were staying. I told them my story, however at the time he was not hitting me, but I had enough. I felt like I cannot take care of my child and that is when I decided to go to the police and ask for help. The police made contact with a Social Worker and they directed me to St. Anne's Shelter.

THAT IS WHEN MY LIFE BEGAN!

At St. Anne's Homes, I came with that depression, hurt in my heart, hopelessness not knowing where to begin. But I did get help, the social work team, housemothers and management made me feel welcomed. I felt like I was at home.

I received counselling, as well as a trauma that really helped me heal. It helped me so much that I felt I am alive again. St. Anne's Homes, also helped with completing a Home Based Care Course through Allmed, I applied for a job while I was at St. Anne's Homes and I started working on the 01st February 2024. I felt like the luckiest person in heaven when the management allowed me to stay longer to find myself. I am so happy that I can send my mother money, money that I worked for, not with anyone else's help.

My time to leave St. Anne's Homes came closer and I was very worried about where my child and I will be going. I prayed to God every day the Social Worker told me about St. Anne's Homes, 2nd house (Peace Haven), but the work I had, I did not qualify to stay at the 2nd stage house because I was not permanently employed. I was worried and scared to go back to the same situation. St. Anne's helped me to save money and I thought the only option is to take a bus back home.

Story of **IMPACT**



Thanks to God, management approved my stay at the 2nd stage house and I felt like the happiest person alive. I still feel blessed.

I really appreciate everything St. Anne's Homes has done for me. I work very hard, even at my work I work very hard and they appreciate it. But, I am still working very hard to find another job to be able to provide a better life for myself and my children.

I used to cry a lot, when telling my story. But today I am healed, I am owning my story and living my story in order to be a living witness for other women. To show them, that just as the sun comes out every morning, things can get better and things will get better.

CHAIRPERSON'S

Report



Dr Chance Chagunda



Dear donors, board members, staff and friends of St. Anne's Homes.

St. Anne's Homes is now 120 years old since it was established by the Anglican Church and continues to provide a safe place, hope and healing for vulnerable women and children.

St Anne's Homes as a non-governmental organisation depends on donor money both from the South African Government and the private sector that includes companies, churches and individuals so that it can continue to provide shelter, care and empowerment to abused, destitute and pregnant mothers with young children in Cape Town. Gender-based violence is one of the main causes for women and children that become vulnerable and find themselves at St. Anne's Homes. Mothers and their children upon arrival are given housing, meals, essentials and various support. St Anne's Homes improves the lives of such women and children through various services that are provided to them for free so that they can reach their full potential.

Among others, St. Anne's women receive job readiness skills, entrepreneurial skills and Home-Based Care Course and the Recycle to Upcycle workshops so that they can generate some income. Children as well go through "knowing your body parts" lessons and this produce positive results as the children grow from low self-esteem to confident children.

Financial help has become very tight to the extent that in some months we have been unable to do some tasks that St. Anne's Homes normally undertakes. We are very grateful to the Department of Social Development, some private companies, the Church and some individuals that have continued to see to it that St. Anne's Homes continues to provide this critical support.

CHAIRPERSON'S

Report



A big thank you to all employees and volunteers of St. Anne's Homes for their commitment and dedication in making St. Anne's Homes an impeccable NGO that improves the lives of women and children in need while honouring the sacred bond between mother and child. As a chair of the board of St. Anne's Homes, my work is easier because I work with committed and self-less board members.

To all of you who contribute in various ways to the life of this much needed organisation and its staff, thank you, without you, we would not have made this incredible positive change in the lives of mothers and their children during 2023.

You are all welcome to provide constructive criticism to how St. Anne's Homes operates so that the organisation can continue to provide a great service.

A handwritten signature in black ink, which appears to read "Chagunda".

Dr Chance Chagunda

MANAGER'S

Report



Oslynn Macounie



We mark a remarkable milestone, 120 years of compassion, care and service to our community. For over a century St. Anne's Homes has been a beacon of hope for providing a safe haven for those in need. We honor the visionaries who founded this institution and the generations of staff, donors and supporters who have sustained it. Your dedication and generosity have made a profound impact on countless lives.

As we celebrate this achievement, we also look to the future. We will remain steadfast in our commitment to dignify, respect and love for all.

Our vision to see women and children living free from abuse, poverty and discrimination by offering the world a model of care and social empowerment has never changed.

Our mission to express God's love, to provide shelter and support for pregnant, abused and homeless women with young children over the years has never wavered.

Our values to offer a holistic self-empowerment program that develops social, personal, creative and vocational skills from a Christian model created a culture of mutual learning, accountability and respect have never failed us.

As with any transitioning process, it involves a period of change from one state or condition to another. The year 2023, was a transitioning year for St. Anne's Homes. After 14 years, a new manager came on board. We faced funding constraints but diversified our donor base to mitigate this.

MANAGER'S

Report



Just as beautiful and as encouraging as the transitioning process is for each and every woman and child coming to St. Anne's Homes. The organization itself experienced an encouraging and inspiring transitioning, some shaping and a few tough decisions needed to be made.

The year started with 12 staff members and ended with 10 staff members of which 3 were new appointments, including the receptionist, night house mother and social auxiliary worker. The board members who served during this period have also been supportive every step of the way, and I want to thank them. Our social services team has worked hard facing many challenges but continue to survive every obstacle they may have faced.

Through all the turbulence and most importantly the uncertainty experienced during the year 2023, we have come to see the year 2024 and for this I am grateful. Grateful for all the new donors who joined our community of supporters and grateful for the commitments made by many of our donors, to continue supporting the organization.

For the next financial year St. Anne's Homes, plans to expand its services, hoping to receive the buy in from many of our donors.

Thank you to our staff, board members, volunteers, donors and partners for their unwavering support over these 120 years.

In short, I leave you with something Mother Theresa once said "We think sometimes that poverty is only being hungry naked and homeless. The poverty of being unwanted, unloved and uncared for is the greatest poverty".

TREASURER'S

Report



Ryan Viljoen



The year ended 31 March 2024 saw the financial challenges of the previous year's continue for St Anne's Homes, as it did for the majority of non-profit organizations in South Africa. Fortunately, with the support of our funders, donors, management and staff, St. Anne's Homes was able to remain open and deliver much needed and high quality services to vulnerable women and children.

The 2024 financial year was also Oslynn Macounie's first year as head of St. Anne's Homes, and I would like to extend my thanks to her for her energy and commitment. In order for St. Anne's Homes to operate with security into the future, it needs to adapt as an organization. From a financial perspective, this includes increasing its funding base, increasing its self-generated income and reducing its reliance on the Department of Social Development and individual donors. These types of changes do not take place quickly in an organization of this size with limited resources, and again I thank Oslynn for the work she has initiated in this regard.

The year ending 31 March 2024 was also the final year of St Anne's Homes 3 year funding agreement with the Western Cape Department of Social Development, and a new application was required to be submitted in order to secure funding for the 2025 to 2027 financial years. I am pleased to report that St. Anne's Homes application was successful and funding for a portion of the St. Anne's running costs were secured for the coming 3 years.

In closing, I would like to extend my thanks again to the management, staff, donors and supporters of St. Anne's. It is always inspiring to see the work being done at St. Anne's to protect and empower vulnerable women and children.

SOCIAL WORK

Report



Anthea Roman



St. Anne's Homes dedicates its time and resources to provide holistic services to the women and their children who have experienced various forms of abuse related to the Gender Based Violence (GBV) sector. Our services include sheltered accommodation, counselling, therapeutic/psycho- and educational groups, support services, family preservation and reintegration services.

Our empowerment programme for the reporting year, included the following:

- Individual Counselling
- Healing & Restoration therapeutic group work
- Additional Workshops on Domestic Violence / Gender-Based Violence
- Assistance & guidance in terms of Court proceedings, Court support and applications for an Interim Protection order or Maintenance order
- Referrals to health care facilities
- Job readiness programme (creating CV's and interview preparation)
- Basic Nail Technology workshops
- Access to an additional programme (AllMed) related to Home-Based Care training
- Devotional care
- Assistance with birth registrations and ID re-issues

These services enable the women to receive therapy and allows them to work through the trauma they have experienced.

SOCIAL WORK

Report



Within group settings, various topics relating to GBV were addressed. During individual and group engagements with clients, they were able to actively participate, show support to each other and identify their own needs and how they can utilize the opportunities they have at St. Anne's Homes, to their own benefit and growth. They also learnt how to rebuild trust, how to set healthy boundaries amongst themselves and become emotionally resilient.

A total of 60 clients (32 women and 28 children) were admitted to the shelter during this financial year and 6 of these women were already employed when they came to our setting and another 8 women were fortunate enough to find employment whilst staying with us.

We continue to encourage job seeking and assist our residents in job readiness, as many of them has no experience being interviewed or lack employment experience.

With regards to family preservation, clients who were separated from their families were encouraged to reach out to their family members in order to restore, strengthen and maintain family relationships. They were also allowed to have visitors come to the shelter, every alternative week for two hours.

For the past year St. Anne's Homes had a decrease in the number of women and children accessing the shelter. Despite having lower numbers of clients in the specific book year, St. Anne's Homes continued to provide services of high quality to women and their children.

SOCIAL WORK

Report

We continuously feel honoured to work with the clients at the shelter and always strive to advocate for them in the hopes of them becoming self-reliant. We acknowledge and give thanks to all our volunteers, external stakeholders, St. Anne's Homes staff and Board members for the support granted to us.

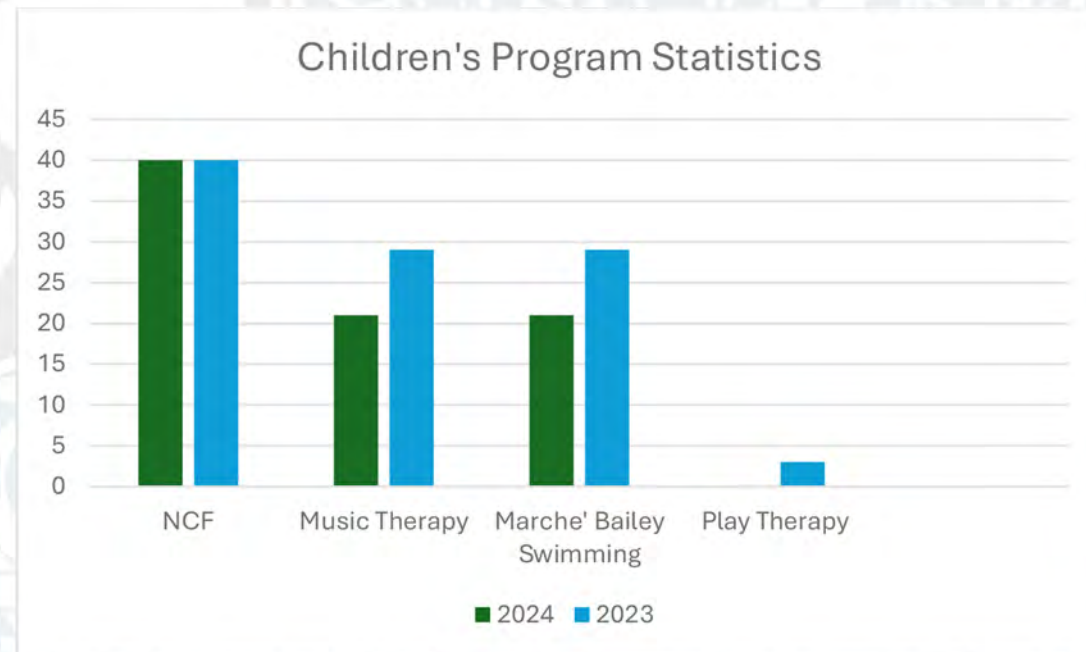


CRÈCHE CHILDREN'S PROGRAM

Report



Martin Gumpo



There has been a lot of changes that happened during this reporting period, April 2023 to March 2024. These changes happened at different levels from personnel to programs which I will elaborate more on this report. It was a year of ups and downs like any other year, but we managed to grab victory through the jaws of defeat. The report will cover the National Curriculum Framework (NCF), Music Therapy and Life-skills program in the form of swimming. These services are provided to all children at St. Anne's Homes.

Our National Curriculum Framework (NCF) which is theme based and facilitated by our Early Childhood Development (ECD) practitioners, had a total of 40 beneficiaries. The focus is to meet the holistic needs of every child at crèche.

CRÈCHE CHILDREN'S PROGRAM

Report



The ECD practitioners supported the learning, development and well-being of every child from baby, toddler and pre-school class. We are proud to announce that our grade O children managed to be accepted at different schools to start their grade R journey. There was a major shift as all ECD's transferred from the Department of Social Development to the Department of Education and this transition has been a smooth one.

In memory of our Marche' Bailey program (swimming), twenty-one children benefited through this life-skill and could learn to swim despite their challenges. Most of the children mastered the basics of swimming and could save themselves from drowning in case of unfortunate circumstances. Swimming lessons were good for these children as it allowed them to exercise & build muscular strength.

The Music Therapy program also had a positive impact on all the children. The program only catered for toddlers and pre-schoolers and twenty-one of them benefited from this service. Children learnt different songs and movements but most importantly their vocabulary improved. Music sessions accorded the opportunity for introverts to be out of their shell and learn to socialise with others. Caley Garden our Music Therapist extended her services to as far as conducting individual counselling sessions to children who displayed symptoms of trauma.

The Organisation faced many challenges just like any other NGO out there. Lack of funding forced the organisation to stop programs such as Music and Play Therapy, and Marche' Bailey Swimming program.

CRÈCHE CHILDREN'S PROGRAM

Report



The baby class teacher and pre-school teacher's post closed permanently and as a result more responsibilities with less staff members. It was unfortunate to lose two experienced teachers with lots of experience and expertise. The closure of programs & change of personnel, negatively impacted the work we do for the children.

I would like to thank the entire staff of St Anne's Homes for working as a team to make sure that we deliver quality services not only for the children but to their mothers as well. A word of thanks to our service providers, Carley Gardens, Cindy Lawrence music therapist and swimming instructor respectively. Our funders / donors DSD & WCED and all other individual donors.

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Our **DONORS**



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THANK YOU

